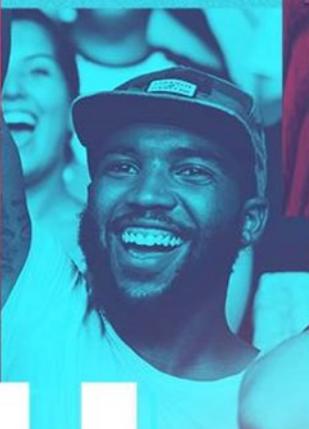


# THE CHURCH T-TIMOTHY



# **The Solution: Part 1**

**Being intentional about spiritual growth protects against apostasy.**

# **The Solution: Part 1**

**1 Timothy 4:6**

**<sup>6</sup>If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. <sup>7</sup>Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; <sup>8</sup>for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. <sup>9</sup>The saying is trustworthy and deserving of full acceptance. <sup>10</sup>For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.**

**who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, for it is made holy by the Word of God and prayer.**

1 Timothy 4:3-5

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**But be doers of the word, and not hearers only,  
deceiving yourselves.**

James 1:22

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**All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.**

2 Timothy 3:16-17

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**During this time of reflection:**

**Where do I need to grow in  
faithfulness this week?**